



<http://www.aletheiabible.org>

# Biblical Counseling

Ministering God's Word to People in Need of Change  
1 Unit Course

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B.A. Communications, M.A. Biblical Counseling, NANC certified biblical counselor

**Dates:** Saturday March 16<sup>th</sup>, 2013 • 9:30am – 4:00pm  
Southside Baptist Church at 2211 Pitt River Road, Port Coquitlam, BC

Saturday March 23<sup>rd</sup>, 2013 • 10:00am – 4:15pm  
Christian Reformed Church at 930 Trunk Road, Duncan, BC

## Course description:

Most of us possess far more Bible knowledge than practical skill and wisdom in applying this knowledge in our lives and assisting others to do the same. Grow in knowledge, skill, and humility as you learn how to counsel and disciple others while avoiding the pitfalls of spiritual-sounding over simplicity or the adoption of worldly ideas that conflict with God's Word. Bring your Bibles, you will need them.

## Course objectives:

After completing this course, participants will:

- Have an enriched ability to apply God's Word to their own heart and life
- Be able to identify and avoid grossly unbiblical counseling concepts
- Recognize a framework for counseling that is uniquely biblical
- Understand the role of hope and personal involvement in biblical counseling
- Learn and practice information gathering and interpretation of data
- Recognize the importance of biblical instruction and loving inducement to change
- Identify opportunities for assisting others with implementing change
- Have the courage to minister God's Word to others in dependence upon Christ

## Textbooks:

- *The Bible*. A literal based translation is recommended such as ESV, NASB, KJV, NKJV.
- Tripp, Paul David. *Instruments in the Redeemers Hands: People in Need of Change Helping People in Need of Change*. Phillipsburg, NJ: P&R Publishing Company, 2002.

## Course requirements for credit:

- A. **Attendance and Participation** • Discussion • In-class exercises • Q&A – **10%**
- B. **Reading** • *Instruments in the Redeemer's Hands* [pp. 1-348] – **25%**  
Submit a short written statement "I have read \_\_\_\_% of *Instruments in the Redeemer's Hands* by Paul David Tripp pp. 1-348."
- C. **Memorization.** Memorize the following passages. – **15%**  
Galatians 6:1-3 • Romans 15:14 • Colossians 3:16 • 1 Thessalonians 5:14 • Proverbs 12:1  
• Colossians 1:28 • Titus 2:15 • 2 Timothy 2:24-26 • Matthew 18:15-17  
Submit a short written statement "I memorized and had another person test my ability to correctly recite the assigned verses (list them)."
- D. **Written Assignments.** – **50%**
- a. **Response Paper.** 4-6 pages double spaced – 25%
    - i. A brief summary of the most important points as perceived by the student.
    - ii. Personal interaction with the material presented in class, challenges received, insights gained about counseling or life, and concerns or questions generated by the information.
    - iii. Demonstrate your ability to evaluate, analyze, and apply the information learned to your own life.
    - iv. Provide any suggestions you have for improving this course.
  - b. **Counseling Ministry Journal.** 8 entries – 25%
    - i. Each entry captures a purposeful ministering of God's Word in interaction with another person. These can be formal or informal.  
An example entry will be provided in your class notes.
    - ii. Refer to people by their initials rather than names to protect privacy.
    - iii. Explain how you are applying the various elements of biblical counselling in your interaction.
    - iv. List any Scripture passages you used, and why you chose them.
    - v. Suggest practical projects or homework you assigned (or ideas of what you could have done)
    - vi. Evaluate as best you can what God is doing in their life and yours through this interaction.
    - vii. Evaluate your counsel now that you've had time to think about it.

**All assignments due Wednesday May 15<sup>th</sup>, 2013**

### Additional resources:

<http://nanc.org>

<http://ccef.org> | <http://www.ccef.org/jbc>

<http://biblicalcounselingcoalition.org>